

TRAUMA DOESN'T WAIT – NEITHER DO WE

NATAL IS RESPONDING 24/7 TO A SURGE IN DEMAND FROM PEOPLE IN CRISIS

- **NATAL** is an apolitical Israeli NGO providing life-changing psychological and emotional support to those impacted by war and terror since 1998.
- **UK Friends of NATAL** was established to raise funds and increase awareness in support of NATAL's mission.
- **NATAL's** unique multidisciplinary approach works with individuals, families, professionals, first responders, communities, and October 7th survivors, providing a 24/7 helpline, mental health first aid, therapy, long-term trauma care and community programmes to promote healing, resiliency and growth.
- **Since October 7th**, NATAL has rapidly expanded to meet the overwhelming trauma and mental health needs of Israelis of all ethnicities.



NUMBERS SUPPORTED SINCE OCTOBER 7TH

103,000

HELPLINE CALLS
SINCE OCTOBER 7

1000

MENTAL HEALTH
PROFESSIONALS

10

MILLION
ISRAELIS

200

HELPLINE
VOLUNTEERS

3,000+

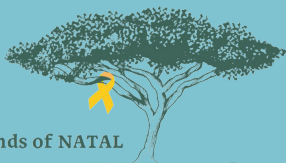
WEEKLY
PATIENTS

23,000

HOURS OF
COMMUNITY
INTERVENTIONS

545,000+

LIVES TOUCHED BY NATAL
SINCE 1998



UK Friends of NATAL

Israel Trauma & Resiliency Center



SCAN HERE
TO DONATE





COMMUNITY RESILIENCY UNIT

Resiliency workshops and training aimed at strengthening coping skills, processing traumatic situations and promoting emergency preparedness across Israel to organisations from the corporate sector, social organisations and municipalities.



THE CLINICAL UNIT

This unit provides therapy and mental health support nationwide to trauma and PTSD sufferers and their surrounding circles: spouses, parents and children.



THE HELPLINE

NATAL's 24/7 helpline is the gateway to NATAL's services, offering both short-term and ongoing psychological and emotional support. The only one of its kind in Israel, the helpline saw a 900% increase in demand during the Iran attacks.



RESEARCH, EVALUATION AND INFORMATION MANAGEMENT

NATAL's ongoing professional supervision and evaluation ensures the effectiveness of its treatments and programmes. It leads research into PTSD and develops innovative approaches and therapies to meet evolving needs in Israel and globally.



THE MULTIDISCIPLINARY TRAUMA STUDIES CENTER

NATAL trains and supports mental health professionals, giving them the tools to foster resiliency and healing in people living with trauma. By sharing expertise in Israel and worldwide, NATAL helps more individuals move towards healing and post traumatic growth.



CAREER & PERSONAL DEVELOPMENT UNIT

Career development programmes specifically designed for young adults with post-trauma related to war or terror incidents, including Nova survivors.